



mindvalley academy
masterclass

WORKBOOK

The 8 Millionaire Blocks

with T. Harv Eker

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YOUR OFFICIAL MASTERCLASS GUIDEBOOK

4 Simple Tips To Get The Most Out of This Class:

1. Print out this workbook before the class starts so you can write down your notes as you listen.
2. Review the topic outline so you know what to listen out for. Make sure you've set aside private time for this session so you'll be able to focus and fully receive the benefits of the session.
3. During the event, write down ALL the interesting and new ideas and inspirations you get while listening — that way you won't lose the information most relevant to you.



4. Watch for this icon. It denotes when Harv “shines a light on” and breaks down “brules”^{*} or limiting beliefs. Think of how you can quickly implement the secrets revealed in this session. (*A “brule” is a bullsh*t rule that we took on, not through rational choice, but through imitation and/or conditioning.*)

Preparation Tips:

- Make sure you are in a quiet place where nothing can distract you, and that you are not driving a car or any other vehicle. Be in a comfortable position so you can fully take part in any guided meditation and visualization exercises that may be a part of the class.
- Stretch your muscles before starting the class. Stretching loosens the muscles and tendons allowing you to sit (or lie) more comfortably. Additionally, stretching starts the process of “going inward” and brings added focus to the body.
- Take a deep breath. Breathing deeply slows the heart rate and relaxes the muscles to help you have a comfortable experience during any guided meditations or visualisations that may happen during the class.
- You can use candles and other spiritual tools in the room to further help you feel at ease.

Thank you for joining our online class. We hope you enjoy it!

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“There is a secret psychology of money. Most people don't know about it. That's why most people never become financially successful. A lack of money is not the problem; it is merely a symptom of what's going on inside of you.” –T. Harv Eker

During the Masterclass, please fill in the quiz below, following Vishen’s instructions.

On a scale from 0 –10, please rate where you are now on the lefthand column.

Where you are now 0-10	Money Blueprint Questions 0 being DO NOT agree – 10 being COMPLETELY agree.	After the webinar 0-10
	I'm happy with my current financial status.	
	I have an effective system for managing my money.	
	I deserve the abundant life I desire.	
	The net worth of the 5 people closest to me match my goals for financial abundance.	
	Money worries cause most of my stress.	
	Rich people work way too hard.	
	I have a hard time keeping money after I make it.	
	I can make money doing what I love.	
	I have what it takes to be successful.	
	Money leads to relationship troubles.	
	I can easily imagine myself making 1 million dollars a year.	
	People cannot be rich and still maintain their ethics and values.	
	I can make a lot of money and still lead a balanced life.	

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“It all comes down to this: if your subconscious “financial blueprint” is not “set” for success, nothing you learn, nothing you know, and nothing you do will make much of a difference.”

–T. Harv Eker

This next part is for you to take notes while you listen to the masterclass. Fill in the blanks as you progress. These will be the important takeaway points for this session.

PART I: THE SPIRITUAL MILLIONAIRE

1. Harv grew up being taught that money means _____ (survival).
2. How many of Harv’s businesses failed before he decided to pursue spirituality instead?
_____ .10
3. After pursuing both wealth and spirituality separately, Harv asked the universe for help. The message he received was “Harv, embrace _____ of _____”.
4. You can be kind, generous, loving, _____ and _____ and really, really, really, really _____ generous spiritual.
5. You don’t need to label yourself as either spiritual or business minded. Stop saying, “I’m not that _____ of _____.” You can learn to succeed at anything.
6. Your beliefs create the _____. When Harv is able to shine a light on these beliefs and you realize what beliefs do not serve you, you are able to remove them from your life, and your whole world shifts.

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7. If you believe that rich people are bad in any way, shape or form, **you can** _____ **be rich.** never

8. The valuable and wise phrase from the Huna philosophy Harv uses everyday is:

BLESS THAT WHICH YOU WANT.

Write it down below:



9. Anything that you _____, you can never have. negate

10. Harv believes we are _____, so we follow nature.

11. Harv believes you are born to be _____ .

PART II: THE MAIN OBSTACLES THAT BLOCK YOUR ABUNDANCE

There are 8 main categories of obstacles and problems that block you from abundance and living a full life. They are:

1. Money and spirituality
2. Money, self-worth and deservedness
3. Money balance and enjoying the journey
4. Money and money management
5. Money purpose and passion
6. Money, mind and fear
7. Money and relationships
8. Money income and freedom

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12. Circle one:

Self worth **[equals]** or **[does not equal]** net worth.

13. _____ is your true nature.

14. Everything is _____. Money is _____.

15. Big money requires big _____. It's not necessarily _____.

16. It's not about how only how much money you earn, it's how you _____ the
17. money that you earn. handle

18. Living on purpose is the most _____ thing you can possibly do. Most
people cannot live their purpose because they are _____.

19. _____ is the biggest blocker you have from living in your heart. Living from your
soul, living in your spirit.

20. The right you, the right _____ and the right vehicle. You put those
together and YOU WILL BE SUCCESSFUL.

21. Relationship are completely spiritual because they are our greatest _____.



22. Money is not the root of all evil. The _____ of money is the root of all evil.

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PART III: THE FORK IN THE ROAD VISUALIZATION

"Where attention goes, energy flows and results show." – T. Harv Eker

Relax as Harv takes you on a powerful visualization to help you gain clarity, feel your fears and enjoy your success.

YOUR NEW LIFE STARTS RIGHT NOW.

PART IV: MONEY BLUEPRINT QUESTIONS

Return to page 3 and fill in your answers from 0 – 10 in the righthand column.

PART V: THE FORMULA FOR SUCCESS

1. If the universe is so abundant, and you're not, then how _____ can you really be? It's your choice how you want to get to abundance.
2. Our life is a series of _____ .
3. **This is the formula for success:** _____ .

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NOTES

Use this space for any additional notes you have:

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SUCCESS STORIES



“In 2008 I was an entrepreneur and my company was about 5 years old. It was May 2008, and we were making maybe a quarter of million dollars in revenue a month, we had just over 20 employees, but we were losing \$15k a month. Our bank balance was getting lower and lower and lower. My business partner and I had still had debt to pay and it was really hard knowing that our business was about to collapse.

What was sad is that 5 years into building a company, I knew that if I lost this business, I would be worse off than if I never started. Now that was kind of the time when we saw an add in the papers for this seminar happening by T. Harv Eker. We went to the seminar really skeptical and Mike felt like we were not learning much and we should leave, but we had a gut feeling to stay and I am glad we did.

By day 3, literally, I remember turning around to Mike and there were tears streaming down his eyes because that seminar touched us so deeply. The big lesson I got is that wealth and being successful, abundance wise, has more to do with your mindset and your attitude towards money than any other single things. By Dec 2008 we grew or business revenue wise 400 %. Mindvalley become what we know today. By 2009 we have built and epic office space, we have paid off all our debts, the company had grown 400 in just under 1 year, that was HUGE. And our lives were never the same again. Today, Mindvalley continues in a massive positive upswing. We changed our wealth mindset and that sparked everything else. And until you go straight to the mindset and you identify the stories you're telling yourself about wealth and abundance and being wealthy you will never really going to obtain your full potential in that field.

Even though I run a personal growth company and I studied hundreds of authors, Harv is perhaps is the one I spend the most time studying. We spend 70% of our waken hours just trying to earn a living but so many of us stagnate and stay at this specific level because we never bother to go deep within our minds and identify the believe systems that we have about success and abundance and riches. When we remove the beliefs that are holding us back and swap in beliefs that empower us, this is when you really really grow in your career as an entrepreneur and in your levels of work and abundance.”

– Vishen Lakhiani
Founder, Mindvalley

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“I am so looking forward to watch the masterclass with T. Harv Eker about how to become a spiritual millionaire and here is why. Up until a few years ago I was always focus on creating more wealth and attracting ore money, I read “Think and Grow Rich” and studied it, but for me whenever I just focus on purely on money created a lot of stress and struggle in my life. I always was left feeling a little bit empty if I just chased money all the time. But then I discovered Harv and his work. I went to see him live and I read his book Secrets of the Millionaire Mind again and again.

What I love about Harv is the way he combines being spiritual with being really rich as well. Because absolutely you can be really kind and generous and loving and open and happy and conscious, spiritual and create load and load of money, load of abundance. And the combination

for me is absolutely essential if you want to live a truly fulfilled Big Life. So that’s why I am super excited for this masterclass. In terms of the impact that he had on my life, incredible.

When I started learning form Harv I was doing ok but after that I started a 6-figure business, I was working from the beach just a couple of day part time. And this year it looks like the business will do 7 figures so with am I learning from Harv not only I am earning more and more money but I am living my purpose more and following my passion and I am becoming more and more happier So if you are interested in creating more abundance, in making a great living doing what you love and ensure being really really spiritual and getting really, really rich, and rewarded for your unique talent, I absolutely sincerely invite you to join Harv Eker for the masterclass. He has had a huge impact on my life and I am sure Harv will help you too. So I urge you to sign up and make sure you show up. Peace!”

– Carl Harvey
Host, *The Big Life*

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SELF-REFLECTION

The right questions can spur your subconscious to feed you the right answers. So ask yourself. . .

What fears do you have when it comes to money and abundance?

You are free to practice happiness whenever you want. It's your decision.

Are you ready to choose happiness now? Write down your answer and any inspirations that come with it.

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Can you imagine the beauty and perfection of your life if you are able to live on purpose, serve the world, serve people and get rich?
What would it look like?

